

All your favorite brands
**Spring into
great savings!**

Look for 43 coupons throughout the store.

**save
over \$60**

*find
coupons
on the
shelf!*



save with **coop deals.**
\$1.00 off

Miyoko's Creamery
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 4/30/2011.



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 4/30/2011.



save with **coop deals.**
\$2.00 off 2

**Organicville or
Sky Valley**
Any Two Items

Present one coupon per item purchased. Limit of two coupons per shopping trip. Expires 4/30/2011.

As you may know, we offer bimonthly coupons through our national co-op, NCG. For the foreseeable future, NCG will not be printing the full coupon books or mailing them to customers. However, you can still find all of these great deals through coupon tear pads found on the shelf! Coupons are just one of the ways you can save money at the co-op. Look for Co+op Deals sales and our everyday low-price Co+op Basics items throughout the store!

| MANUFACTURER | PRODUCT | SAVINGS |
|------------------------------------|--|--------------|
| American Flatbread | Any Frozen Pizza | \$1.00 off |
| Annie's | Any Two Frozen Mac & Cheese Items | \$1.00 off 2 |
| Annie's Homegrown | Any Two Cereals or Bars | \$1.50 off 2 |
| Avalon Organics | Any Item (Excludes Travel Size) | \$1.00 off |
| Beyond Meat | Any 8 oz. Beyond Burger Patties | 50¢ off |
| Biochem | Any Protein Powder | \$3.00 off |
| Boiron | Any 60 ct. Rhinallergy Tablets | \$2.00 off |
| Brown Cow | Any 32 oz. Yogurt | \$1.00 off |
| Cascadian Farm | Any Two Organic Cereals or Granolas | \$1.50 off 2 |
| Cascadian Farm | Any Powered by Plants Frozen Entrée | \$1.00 off |
| Crofter's | Any 10 oz. Organic Item | \$1.00 off |
| Edensoy | Any Two Items | \$1.50 off 2 |
| Essentia | Any 1.5 L Ionized Alkaline Water | \$1.00 off |
| Farmhouse Culture or Gut Shot | Any Item | \$1.00 off |
| Field Roast | Any Item | 75¢ off |
| Frontier | Any Extract or Flavor | \$1.00 off |
| Garden Of Life | Any Vitamin Code or Mykind Vitamins | \$3.00 off |
| Good Culture | Any Two Multi-serve Items | \$1.50 off 2 |
| Ithaca Hummus | Any Two 10 oz. Hummus | \$1.00 off 2 |
| Jarrow Formulas | Any Item | \$2.00 off |
| Just Natural Alkaline Spring Water | Any 2 500 ml or 1 L Cartons | \$1.00 off 2 |
| Maya Kaimal | Any Two Items | \$2.00 off 2 |
| Miyoko's Creamery | Any Item | \$1.00 off |
| Natural Factors | Any Theracurmin Item | \$3.00 off |
| Nature's Bakery | Any 6 ct. Organic Baked-Ins Bars | \$1.00 off |
| Nutiva | Any 1 lb Coconut Flour, Coconut Sugar or 15 oz. Shortening | \$1.00 off |
| Oregons Wild Harvest | Any Capsule, Extract, or Biodynamic Tonic | \$4.00 off |
| Orgain | Any Two Ready-to-Drink Singles (Excludes Kids Items) | \$2.00 off 2 |
| Organic Valley | Any 16 oz. Sour Cream | 75¢ off |
| Organicville or Sky Valley | Any Two Items | \$2.00 off 2 |
| Peeled Snacks | Any Item | \$1.00 off |
| Purely Elizabeth | Any Organic Hot Cereal | \$1.00 off |
| Sambazon | Any Two Items | \$1.00 off 2 |
| Silk | Any Two 5.3 oz. Yogurts | 50¢ off 2 |
| So Delicious Dairy Free | Any 24 oz. Coconut Yogurt | \$1.00 off |
| SweetLeaf | Any 2 oz. or 4 oz. Sweetdrops or Baking Blend | \$2.00 off |
| Tazo Tea | Any Two Bottles | \$1.00 off 2 |
| Tony's Chocolonely | Any Two 6.35 oz. Bars | \$1.00 off 2 |
| Vita Coco | Any 1 L Coconut Beverage | \$1.00 off |
| Woodstock | Any Organic Nut Butter | \$2.00 off |
| Yogi Tea | Any Two Teas | \$1.00 off 2 |